

Post-Surgery

At LCHC, our surgical services team provides a wide range of services close to home. Partnering with general and specialty surgeons, we are able to offer emergency surgery as well as a wide range of procedures from podiatry and orthopaedic surgery to cataract surgery and colonoscopy screenings in our state-of-the-art surgical facility. Whether you are having surgery that requires an inpatient stay in the hospital, or outpatient surgery, our surgical staff will offer exceptional care before, during, and after your surgery.

Questions? Contact Us!

LCHC Admitting

(641) 774-3000

(800) 404-3111

Surgery Nurse:

(641) 774-3374

(800) 404-3111 ext. 3374

Contact Us



(641) 774-3000

(641) 774-3374



1200 North 7th Street
Chariton, IA 50049



www.lchcia.com

How To Prepare For Surgery



LUCAS **LC** COUNTY
HEALTH **HC** CENTER

An Affiliate of  UnityPoint Health

641) 774-3374
www.lchcia.com

The Basics

Thinking about an upcoming surgery can prompt many questions. Here is some basic information about how to prepare for your surgery and what to expect when you arrive at LCHC for your surgery. Before having surgery at LCHC, you must have a medical history/physical within thirty (30) days of your surgery. You may also need lab tests. This will be determined by your physician and/or surgeon.

Day Of Surgery

All patients should take blood pressure and heart medications (if applicable) with just enough water to swallow them. Bring an inhaler if you use one. Be sure to bring a list of your medications, your Social Security number, and insurance cards. Please leave other valuables at home.

- Diabetic Patients: Follow your surgeon's instructions regarding medications
- Cataract Patients: Use your eye drops as directed before coming to the hospital and be sure to bring them with you to the hospital.
- Colonoscopy Patients: If using a Fleets 3 bowel preparation, take an enema one hour before departing for the hospital.

Preparation

You will change from your clothing into a gown. You will need to read and sign additional papers related to your surgery, then, a nursing assessment will be done. An intravenous (IV) line will be started and a nurse anesthetist will talk with you prior to surgery.

The start time given to you for your surgery is an estimate. There may be circumstances that cause a delay for your procedure.

One Day Prior

All patients should take a bath or shower the night before, or the morning of your surgery. Continue your oral hygiene but do not swallow water or mouthwash. If you feel ill or have a fever, call the hospital surgery department so your surgeon may be notified.

- Cataract Patients: Use eye drops four (4) times during the day
- Colonoscopy Patients: Complete bowel preparation as directed by your physician/surgeon.

Arriving at LCHC

Come in the Main Entrance and go to the Information Desk where you will be admitted. You will then be directed to the Surgical Waiting Area and escorted to the Same Day Surgery Area. Your adult driver may go with you to the Same Day Surgery Area.

Recovery

You will return to your room and be evaluated for readiness to be discharged to home.

The surgical team will contact you the day before your surgery. If you will not be at the telephone given at the office, please feel free to call the LCHC Surgical Department at (641) 774-3374 or (800) 404-3111 ext. 3374.

