

Regular Menu

Take a moment to look through our menu. To place your order, dial 6255

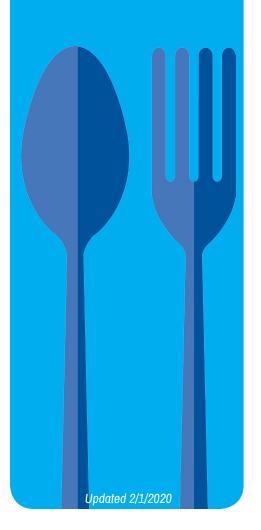
We are available to take orders from 7 AM - 5 PM daily.

Your nursing staff is available to assist you with menu selections during your stay.

Please allow up to 45 minutes for your meal to be delivered.

There is a limit of one guest tray per meal per room.

Your 100% satisfaction is our number one goal. If, for any reason, our meal service does not meet your expectations, please call the Dietary Manager at extension 3206 and let us know how we can better serve you, our guest.



Step 1

Begin by making your beverage choice.

Beverages:

Choose a drink

- Coffee (Reg. or Decaf)
- → Hot Tea (Reg. or Decaf)
- ▶ Milk (Skim, 2%, Skim Choc.)
- ▶ Apple Juice
- ⊳ Grape Juice
- ▶ Orange Juice
- ▶ Cranberry Juice

- ▶ Water

Step 2

Guests are encouraged to choose breakfast OR lunch/dinner items. However, all items are available to order at any time of the day. (Breakfast is served all day and lunch/dinner items can be ordered for breakfast.)

Breakfast:

Choose 1 item from each section.

OR

Go to the next page and make selections.

Entrées:

- ▶ French Toast
- ▶ Pancake
- ▶ Eggs (fried, poached, scrambled, or boiled)
- Omelet (choice of cheese, ham, onion, green pepper, mushroom, sausage or combo)

Fruit:

- ▶ Fresh Fruit (apple, banana, grapes, orange, prunes, strawberries, seasonal fruit)
- Canned Fruit (applesauce, fruit mix, peaches, pears, mandarin oranges)

Sides:

- ▶ Bacon
- ▶ Sausage
- ▶ Fried Potatoes

Breads:

- ▶ Toast (white/wheat)
- ▶ English Muffin
- ▶ Muffin (blueberry/banana)
- ▶ Bagel (assorted)

Cereals:

- Oatmeal
- ▶ Cheerios
- Corn Flakes
- ▶ Raisin Bran
- ▶ Rice Krispies

Step 2 continued

Build A Sandwich

Bread: ▶ Hamburger Bun

- ▶ Croissant
- ▶ Hoagie Bun ▶ Dinner Roll
- ▶ Bread Stick ▶ White Bread
- ▶ Wheat Bread

Toppings:

- > American Cheese
- > Onion
- ▶ Pickles
- ▶ Lettuce
- ▶ Tomatoes

Sandwiches:

- ▶ French Dip
- □ Grilled Chicken
 □ Roast Beef

- ▶ Breaded Fish
- □ Grilled Cheese

- ▶ Ham
- → BIT
- ▶ Peanut Butter
 - and Jelly

Main Dishes

Entrées:

- Roasted Beef
- ▶ Roasted Turkey
- Chef Salad
- ▶ Parmesan Herb Tilapia
- Oven Breaded Chicken

Pasta:

- ⊳ Macaroni & Cheese
- meat sauce
- ▶ Chicken Alfredo

Soup:

- ▶ Potato
- Noodle
- ▶ Tomato
- ▶ Garden Vegetable
- ▶ Beef Broth

OR

Choose one

of the

following:

Build A Sandwich

OR

Choose 1 item

from Main Dishes

Build A Pizza

AND

Side dish (All above options include 1 side dish.)

Build A Pizza

Toppings:

- ▶ Beef
- Sausage ▶ Pepperoni
- ▶ Onion
- ▶ Pepper
- ▶ Mushrooms

Side Dishes

- ► Mashed Potatoes Gravy
- California Blend
- ∨ Veggie Plate
- with Dip
- ▷ Oven Brown **Potatoes**
- ► Tossed Green Salad
- ▶ Pickled Beets

- Corn
- ▶ Peas
- ▶ Broccoli
- ▶ Carrots
- Potato Chips
- ▶ Pasta Salad
- ▶ French Fries

Regular Diet

Step 3

Choose any condiments you would like for your meal.

- ⊳ Syrup
- ▶ Peanut Butter
- Jelly
- ▶ Honey
- ⊳ Sour Cream
- ▶ Ketchup
- ▶ Mustard
- ▶ BBQ Sauce
- ▶ Margarine
- ▶ Mayonnaise
- ▶ Miracle Whip

- Sugar
- ⊳ Splenda
- ▶ Brown Sugar
- ▶ Cinnamon/Sugar

- ▶ Tartar Sauce
- ▶ Mrs. Dash Seasoning
- ▶ Parmesan Cheese
- ⊳ Salt/Pepper

Salad Dressing:

- ► French (Regular)
- ▶ Italian (Regular)
- ▶ Raspberry Vinaigrette

Step 4

Choose 1 dessert to go with your meal. Snacks can be ordered throughout the day.

Desserts:

- Cookies (chocolate chip, sugar, oatmeal raisin, graham crackers, lorna doone)

- Sherbet (orange, rainbow)
- ▶ Angel Food Cake

Snacks:

- ▶ Pudding (vanilla, chocolate, butterscotch)
- ▶ Popcorn
- ► Italian Ice (strawberry, lemon)
- ▶ Lite Yogurt (assorted)
- ⊳ Cheese & Cracker Plate