



October 5, 2019 • Cinder Path • Registration - 9 AM • Youth and Adult 5K Run/Walk - 10 AM

Mail form to: Lucas County Health Center
Attn: Marketing
1200 North 7th Street
Chariton, IA 50049

Cost:
Before Sept. 24th: \$15 kids, \$25 adults (includes shirt)
After Sept. 30th: \$25 (no shirt guaranteed)
Make check payable to LCHC.

Entry Form

Name - Last, First

Mailing Address

City

State

Zip

Email Address

Telephone

Male

Female

Shirt Size - Adult (Small - 2XL)

Date of Birth (i.e. 01-01-50)

WAIVER: In consideration of accepting this entry, the undersigned, intending to be legally bound hereby, for myself, my heirs, executors and administrators assigns, waives, releases, discharges and covenants NOT TO SUE Lucas County Health Center; event coordinators, workers and volunteers; and all City, County, District, State, or public agencies connected with Healthy Hearts Promoting Healthy Minds, from any and all claims of liability for death, personal injury or personal damage of any kind or nature whatsoever arising out of or in the course of my participation in the event. I grant full permission for organizers to use photographs of me and quotations from me in legitimate accounts and promotion of this event. The release and waiver extends to all claims of every kind or nature whatsoever, foreseen, known or unknown.

Signature: (Parent/Guardian signature also required for children under 18 years old)

Date: